



DOES YOUR CHILD NEED OUR HELP?

Children with learning, behavioural and health difficulties are often very bright but unexpectedly under-perform in a learning environment. The aim of the **Sunflower Therapy** is help them to re-connect with the marvellous inherent abilities that they each have. This will have a beneficial effect in many areas of their lives. By alleviating accumulated stresses in the body, the **Sunflower Therapy** restores the basis of good health. With secure foundations, children are happier and more creative, expressive and confident. In short, they become the very best they can be.

Many of the children we see demonstrate clear symptoms indicating they are having difficulties with behaviour and/or learning efficiently. The set of symptoms may have been labeled as dyslexia, Aspergers' syndrome, dyspraxia, ADD or ADHD, but there's frequently a degree of overlap and many children will display a range of symptoms.

Some children helped by the Sunflower Programme don't have a learning or behavioural challenge per se but have been brought to us by concerned parents because their performance doesn't match their level of intelligence. If you're worried about your child and would like to know if the Sunflower Programme might help, review the questions we've listed below with your son or daughter in mind (print the page if it makes it easier and you can go through it at your leisure). If you answer 'yes' to two or three of these questions, your child will probably benefit from seeing one of our practitioners.

Difficulty with <i>(please circle)</i>	
Reading	Yes / No
Writing	Yes / No
Mathematics	Yes / No
Difficulty in understanding words in normal conversation	Yes / No
Inability to relate to people in groups or understand the conversation	Yes / No
Poor or non-existent sense of direction	Yes / No
Little or no concept of time	Yes / No
Inability to concentrate, even when involved in a particular activity, such as a game	Yes / No
Disequilibrium (balance dysfunction)	Yes / No
Poor motor co-ordination	Yes / No
Constantly bumping into things or dropping things	Yes / No
Stuttering, hesitant speech, poor word recall	Yes / No
Inability to remember names	Yes / No
Sharp emotional mood swings	Yes / No
Need to re-read the same word or phrase to get any meaning out of it	Yes / No
Difficulty in following sequential instructions or events	Yes / No
Difficulty in following motion or moving things (people, balls, traffic)	Yes / No
Various phobias, including height, motion-related (escalators, elevators, bridges etc)	Yes / No
Obsessive tendencies	Yes / No
Gets lost easily or all the time	Yes / No
Unable to, or unsure of making decisions	Yes / No
Feelings of inferiority, stupidity, clumsiness	Yes / No
Gets drowsy or tends to fall asleep while being driven	Yes / No
Inability to organise daily activities (allotting proper time etc)	Yes / No

Finding Out More

The Sunflower Trust is always delighted to speak to anyone wanting more information about the Sunflower Programme. We have an office dedicated to supporting the Sunflower Trust which can be contacted on

0845 054 7509