



# SUNFLOWER ACADEMY

A DIVISION OF THE SUNFLOWER TRUST CHARITY REGISTERED CHARITY NO 1055712

**Associates:**

- Dr Charles Krebs PhD (Australia)
- Mark Mathews BSc (Hons) MICA DO
- Clive Lindley Jones B.Ed. (Hons) DO DIBAK
- Elizabeth Thomas BSc (Hons) Dip Ed Psych
- Dr Gerhard Otto MD
- Dr Alison Yeung PhD
- Dr Janine Leach PhD

## SUNFLOWER ACADEMY TRAINING COURSE 2009

**21 days over 7 weekends, January to July 2009**

**“Over 168 hours of hands on CPD”**

**“I am more than happy to support the Sunflower Therapy in UK to inspire more therapists to train as Sunflower Practitioners. The Sunflower Therapy is such a powerful, economical, efficient and beneficial treatment. We need more therapists to be involved in treatment working with this fantastic tool.”**

*Dr Gerhard Otto, MD, Allergy Medicine, Naturopath, Homeopath, Chemist,  
Sunflower-Therapist, Germany*

### **Entry Level:**

**Osteopaths Chiropractors Doctors Physiotherapists Pediatricians  
and  
Practitioners with minimum four-year healthcare background**

### **What is Sunflower Therapy?**

*Sunflower Therapy provides a very comprehensive addition to any practitioners' therapeutic tool kit, enabling them to address very many more aspects of most patients' problems in a safe, natural way that works synergistically with other treatments to provide better overall results. Thousands of adults and children from all works of life have enjoyed the benefits of Sunflower Therapy and we aim to treat many many more by training medical practitioners.*

*For over a decade Sunflower Therapy has assisted in transforming patient's lives enabling them to achieve increased success and health. This has an immediate effect on their family and their community.*

**“The Sunflower Academy Course has had a profound effect on my practice. It brings together all sorts of techniques into a powerful system that really makes a real difference”**

*Richard Stenning, B.Sc. D.C.*



## Course locations

**Surrey Course : Reve Pavilion Health Clinic, 2a Reve Pavilion, Guildford, Surrey GU2 7ER**

**“This is one of the most comprehensive courses I have done which covers all aspects of the triad of health. It has given me more confidence in all aspects of my treatment protocol with my patients and has expanded the realm of what I can offer. Already my patients are commenting on the benefits. Thanks for a great course.”**

*Judy McArthur, B.Ed, M.A. D.C.*

## Course fees\*

*Only £142.81 per day for early bird option\**

*Sunflower Academy is dedicated to enhancing patient care in more communities and for this reason is offering an extremely reasonable course fee structure.*

*Furthermore, \* Sunflower Trust Children’s Charity will endeavour to sponsor key medical practitioners to undertake Sunflower Academy Training Course 2009*

*\*Full details in application form on page 5*

**“The Sunflower course expands your mind. It takes the best from many disciplines and moulds them into a truly holistic treatment. The insight it gives you into these other treatment modulations gives you the impetus to further your knowledge in other skills.”**

*Tim Jewers, B.Sc.(Hons) D.O.*

**"The course has given me the skills and confidence to cope with children with such severe problems that previously I would never have thought I could help them. There is always something you can do once the Sunflower Therapy is under your belt – that applies with other patients too. So many people have health problems that seem to be beyond your skills and capabilities, but the Sunflower stuff means that usually it is possible to use one of the tools to do something with that person and maybe open the door to allow improvements in their health. Overcoming such challenges is very rewarding and confidence building as a practitioner too.”**

*Alison Harvey, B.Sc.(Hons) M.S.C. (Chiro)*



## **Programme for Sunflower Therapy Training Course 2009**

### **MODULE 1: SURREY: 9 – 11 January 2009**

- *Introduction to principles and philosophy of Sunflower Therapy.*
- *Detailed whole body sequential muscle testing*

### **MODULE 2: SURREY: 13 – 15 February 2009**

- *Fine reflex control systems*
- *Right/Left Brain Integration.*
- *NLP modelling.*
- *Assessment and treatment of extremities.*
- *Gait and Foot reflexes*
- *Sunflower Screen*
- *Treating patients*

### **MODULE 3: SURREY: 6 – 8 March 2009**

- *Introduction to Biochemical imbalances*
- *Homeopathy and Integrated Natural Medicine*
- *Clearing Negative neuro associations*
- *Treating Patients*

### **MODULE 4: SURREY: 24 –26 April 2009**

- *Positive reconditioning strategies.*
- *Integrated AK/NLP techniques*
  
- *Additional Therapeutic Skills.*
  
- *Treating patients*

### **MODULE 5: SURREY: 15 – 17 May 2009**

- *Allergies.*
  
- *Patient management strategies.*
  
- *Success formula, goal setting.*
  
- *Treating patients*
- *ts*

### **MODULE 6: SURREY: 12 –14 June 2009**

- *Practice and refinement of skills and additional therapeutic techniques*
- *Treating patients*
- *Revision*



○ **MODULE 7: SURREY: 3 – 5 July 2009**

- *Advanced Specialist Integrated Treatment procedures.*
- *Reassessment of patients.*
- *Exam and*
- *Celebration*

**3 day courses Friday, Saturday 08.00 – 17.00 hours, Sunday 09.00 – 15.00 hours**

*Additionally, students are expected to undertake study and practical work between each module. The weekend modules are organised in such a way as to build progressively on each other, giving opportunities for review, practice, reinforcement and cross-reference to existing materials.*

**Sunflower Academy Trainers**



**Mark O Mathews** B.Sc.(Hons) Ecology D.O., NLP and Applied Kinesiology Therapy, Founder of The Sunflower Therapy

*Mark graduated from Edinburgh University in 1969 and was subsequently responsible for managing the set-up of the National Centre for Alternative Technology in Wales. After qualifying as an Osteopath in 1979, he completed his first course in Applied Kinesiology in 1984 and has continued studying with the world's most knowledgeable teachers.*

*He also trained in and has practised Neuro Linguistic Programming over many years and has graduated from the Robbins Research International Mastery University with skills in neuro-associative reconditioning and life management. Mark has established and is now Director of The Sunflower Trust. He opened The Rêve Pavilion Natural Health Clinic in 1988 offering an integrated and multi-disciplined approach for the treatment of all kinds of health problems.*



**Clive Lindley Jones** B.Ed(Hons) D.O., D.I.B.A.K. Diploma in Transpersonal Psychotherapy, NLP Trainer and Coach, Co-Founder of The Sunflower Therapy

*Clive is a registered Osteopath, a qualified teacher and holds diplomas in Psychotherapy and Neuro Linguistic Programming. He has been teaching for over 30 years in both Europe and Japan and was for over 10 years on the faculty of the European School of Osteopathy where, amongst other things, he taught Functional Anatomy and Palpation in which he was instrumental in introducing advanced muscle testing. He has taught both the basic 100 hour I.C.A.K. course as well as advanced course in the UK and Europe. He is the author of a number of papers on AK and orthopaedic problems.*



**Dr Gerhard Otto MD, Chirotherapy, Acupuncture, Hypnotherapist, Applied Kinesiology, LEAP Therapy, Sunflower Practitioner**

Gerhard specialises in chiropractic, natural healing and homeopathy and works in his own practice in Essen, Germany since 1994. He has also trained in TCM, acupuncture, osteopath/cranio-sacral osteopathy, Applied Kinesiology, Sunflower Therapy and the Learning Enhancement Advanced Programme (LEAP). His main emphasis is on natural cure, holistic regulation, complementary medicine, chiropractic, pain therapy, treatment of learning difficulties and dyslexia. Since 1999 Gerhard has been head of the Privatklinik Lindenalle and the Sunflower Therapy Centre in Essen.

## REGISTRATION FORM

**Please register by 31<sup>st</sup> August 2008**

Please complete and return by post or e-mail to:

Patricia Murray-Cox  
Sunflower Academy Co-Ordinator  
Sunflower Academy  
c/o Lower Whitehill House  
OVERTON  
Hampshire RG25 3BY

I would like to register for the Sunflower Academy training course and enclose a registration fee of £125 donation payable to Sunflower Trust

I would like to be considered for sponsorship to undertake Sunflower Academy Sunflower Therapy Training Course 2009 and will be happy to provide references and can identify sourcing of possible funding from my community.

Name: .....

Address:  
.....  
.....

Post Code ..... Tel: .....

Email: .....

Signature: ..... Date: .....

### Course Fees excluding sponsorship



**EARLY BIRD OPTION**

*£2,999.00 payable by 29th September 2008*

**21 days of professional training at only £142.81 per day.**

**NON EARLY BIRD OPTION**

**STAGE 1: DEPOSIT:** *£1,950 payable by 29th September 2008*

**STAGE 2: BALANCE:**

**EITHER** **OPTION 1:** *£250.00\* payable by direct debit in 7 monthly instalments commencing January to July 2009*

**OR** **OPTION 2:** *£1,700 payable in full by 31st December 2008.*

*Sunflower Academy reserves the right to adapt dates, times, venue and tutors of Sunflower Academy Training Course if absolutely necessary.*